

Contact: Harold Castle, The LGL Group 407-298-2000 ex 146
Email: hcastle@lglgroup.com

Vic Emmanuel, VJE Consultants 914-305-5198

The LGL Group, Inc. will host an Investor web-cast conference call on Tuesday, June 23, 2009 at 8 a.m. Eastern Time

Orlando, FL, June 17, 2009 – The LGL Group, Inc. (NYSE AMEX:LGL) will host an investor web-cast conference call on Tuesday June 23, 2009 at 8:00a.m. EDT as part of its annual stockholder meeting. The Company plans to discuss financial results for 2009 and its growth strategy.

Robert Zylstra, President and CEO of the LGL Group, Inc., will be hosting the event that will include a slide presentation with live voiceover.

Participants can access the web-cast by going to <http://1source-intl.webex.com>

Use the meeting number of: 800 948 469

Meeting Password: lglgroup

Participants can access the audio portion of the presentation by calling:

Toll free: 888-942-8686

International: 303-928-3288

Conference ID#: 2781812

About The LGL Group, Inc.

The LGL Group, Inc., through its wholly owned subsidiary MtronPTI, manufactures and markets highly engineered electronic components used to control the frequency or timing of signals in electronic circuits. These devices are used extensively in infrastructure equipment for the telecommunications and network equipment industries. They are also used in electronic systems for military applications, avionics, earth orbiting satellites, medical devices, instrumentation, industrial devices and global positioning systems. The Company has operations in Orlando, Florida, Yankton, South Dakota and Noida, India. MtronPTI also has a sales office in Hong Kong, China.

Recent Highlights

- On June 15, the Company announced it had received authorization from Lockheed Martin Aeronautics Company to do its own final release testing of highly engineered parts used in a wide variety of Lockheed Martin's products and systems.

- On April 21, the Company announced it had secured active projects with 12 industry leaders in the \$10 billion satellite manufacturing market including Boeing Space Systems, L-3 Communications, Northrop Grumman, Trak Microwave Corp, NEC-Toshiba Space Systems, and others.

For more information on the Company and its products and services, contact Harold D. Castle, Chief Financial Officer, The LGL Group, Inc., 2525 Shader Rd., Orlando, Florida 32804, (407) 298-2000, or visit the Company's Web site: www.lglgroup.com

Caution Concerning Forward Looking Statements

This document includes certain "forward-looking statements" within the meaning of the Private Securities Litigation Reform Act of 1995. These statements are based on management's current expectations and are subject to uncertainty and changes in circumstances. Actual results may differ materially from these expectations due to changes in global political, economic, business, competitive, market and regulatory factors. More detailed information about those factors is contained in the LGL Group's filings with the Securities and Exchange Commission.