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LGL GROUP NAMES LaDUANE CLIFTON CHIEF ACCOUNTING OFFICER

Orlando, FL, March 30, 2010 -- The LGL Group, Inc. (NYSE:Amex: LGL) today announced the appointment of R. LaDuane Clifton, CPA, as its Chief Accounting Officer. Mr. Clifton had previously served as the Company's Corporate Controller since August 2009. Prior to joining the Company, Mr. Clifton was CFO of a21, Inc. (Jacksonville, FL), a publicly-held holding company in the stock photography and home décor industries, and a Senior Associate of KMPG LLP, the international accounting and management consulting firm.

LGL, through its wholly-owned subsidiary Mtron-PTI, is a leading producer of frequency control, filter and integrated subsystems for the multi-billion dollar telecom, military, space satellite and avionics markets.

Mr. Clifton will report to LGL Chief Executive Greg Anderson. He will focus on corporate cost reductions and furthering the firm's ongoing efforts to set the Company on the path to profitability. "We are pleased to have LaDuane on board, given his deep background in finance and accounting, his proven ability to interact with investors and his talent for budgeting and development of strategic initiatives," Mr. Anderson said.

About The LGL Group, Inc.

The LGL Group, Inc., through its wholly-owned subsidiary MtronPTI, manufactures and markets highly engineered electronic components used to control the frequency or timing of signals in electronic circuits. These devices are used extensively in infrastructure equipment for the telecommunications and network equipment industries. They are also used in electronic systems for military applications, avionics, earth-orbiting satellites, medical devices, instrumentation, industrial devices and global positioning systems. The Company has operations in Orlando, Florida, Yankton, South Dakota and Noida, India. MtronPTI also has a sales office in Hong Kong, China.

For more information on the Company and its products and services, contact Greg Anderson at The LGL Group, Inc., 2525 Shader Rd., Orlando, Florida 32804, (407) 298-2000, or visit the Company's Web site: www.lglgroup.com.

Caution Concerning Forward Looking Statements

This document includes certain “forward-looking statements” within the meaning of the Private Securities Litigation Reform Act of 1995. These statements are based on management’s current expectations and are subject to uncertainty and changes in circumstances. Actual results may differ materially from these expectations due to changes in global political, economic, business, competitive, market and regulatory factors. More detailed information about those factors is contained in the Company’s filings with the Securities and Exchange Commission.